



AU PAIR, MOTHER'S HELP APPLICATION

The applicant's contact information and preferences regarding Au Pair stay are not included in this application form but are submitted on a separate form.

The application consists of the following sections:

1. Personal Details
2. Hobbies, Interests and Skills
3. Health
4. Education and Qualifications
5. Experience with Children
6. Work Experience
7. Driving
8. Au Pair Placement
9. Dear Family Letter
10. Signature

1. Personal Details

Last name	First name
Sex	Age
Date of Birth	Place of Birth (town/city and country)
Nationality	Native language(s)
Hometown and country	Current city and country (if living away from hometown)
Marital status	Occupation
Religion	Are you currently employed or studying?
Passport date and place of issue	Passport expiration date

Contact person in case of emergency (name, address, phone number and relationship to you)

2. Hobbies, Interests and Skills

LANGUAGE SKILLS	Please rate your (spoken) language skills on the following scale: none – basic – average – good –fluent – mother tongue	Number of years studied
English		
Finnish		
Swedish		
Spanish		
French		
German		
Other, type name of language here:		
Would you like to attend a language course in the host country?		
HOBBIES AND INTERESTS		
What are your hobbies and interests? What do you like to do in your spare time?		
HOUSEHOLD SKILLS		
What type of food can you cook and would cook for children?		
What kind of experience do you have in cleaning and would you be happy to clean for your host family?		

What kind of experience do you have with pets and would you be happy to help feed and care for the family pets? Would you walk the dog? (pet care is not a requirement for all; only if you are happy to help)
OTHER USEFUL SKILLS Please list individual skills below if you are willing to use them in your job as an Au Pair (explain if necessary)
Which sports can you play?
Do you swim and would you be willing to supervise children in the pool or at the beach?
Do you have skills in music or dance?
Can you ride a bicycle and would you be happy to cycle with the children?
Any other skills you have that may be useful when working with children

3. Health

Do you smoke?	If you smoke, would you refrain from smoking in the host family's house and in the presence of the children?
Do you have any allergies? (animals, anything else?)	
Do you have a special diet or prefer not to eat certain foods?	
Do you have any medical conditions? Explain.	
Are you able to lift and carry small children and to walk, run and cycle with children without any problems?	

4. Education and Qualifications

Name of college/university	Level	Qualification or degree	Year of graduation
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Name of college/university	Level	Qualification or degree	Year of graduation
Please describe any studies or courses relevant to Au Pair work (childcare, cleaning, cooking, etc). Do you have any certificates?			
Do you have knowledge of first aid and CPR? Do you have a valid certificate?			

5. Experience with Children

<p>EXPERIENCE WITH DIFFERENT AGE GROUPS Please note that basic Au Pair does not take sole charge of children under the age of 2</p>	<p>Please rate your experience on the following scale: none (no experience) some (needs guidance from host family before looking after children independently) good (knows age appropriate foods & activities and can look after children independently) excellent (knows developmental stages and can support children's development in a professional manner)</p>
0-5 months	
6-12 months	
1-2 years	
3-6 years	
7-10 years	
Older than 10 years	
Do you have experience with special needs children?	

**Please include in this section all experience you have with children!
Type of experience = paid work, volunteer position, babysitting, etc.**

**Position 1
(start with the most recent)**

Type of experience	
Job title (if any)	
Name of family, employer or organisation	
Start date	
End date	
Reason for leaving	
Working hours (how many hours per day or week, how many days per week or month, etc.)	
Sex and age of each child (or group of children)	
Duties	

Position 2

Type of experience	
Job title (if any)	
Name of family, employer or organisation	
Start date	
End date	
Reason for leaving	
Working hours (how many hours per day or week, how many days per week or month, etc.)	
Sex and age of each child (or group of children)	
Duties	

Position 3

Type of experience	
Job title (if any)	
Name of family, employer or organisation	
Start date	
End date	
Reason for leaving	

Working hours (how many hours per day or week, how many days per week or month, etc.)	
Sex and age of each child (or group of children)	
Duties	
Position 4	
Type of experience	
Job title (if any)	
Name of family, employer or organisation	
Start date	
End date	
Reason for leaving	
Working hours (how many hours per day or week, how many days per week or month, etc.)	
Sex and age of each child (or group of children)	
Duties	
Position 5	
Type of experience	
Job title (if any)	
Name of family, employer or organisation	
Start date	
End date	
Reason for leaving	
Working hours (how many hours per day or week, how many days per week or month, etc.)	
Sex and age of each child (or group of children)	
Duties	
Any additional information about your childcare experience you may wish to give	

6. Work Experience (other than childcare - start with the most recent)

Position 1	
Job title	
Name of employer	
Duration (start date – end date)	
Working hours (full time or part time, how many hours per day or week, how frequently, etc.)	
Duties	
Position 2	
Job title	
Name of employer	
Duration (start date – end date)	
Working hours (full time or part time, how many hours per day or week, how frequently, etc.)	
Duties	
Position 3	
Job title	
Name of employer	
Duration (start date – end date)	
Working hours (full time or part time, how many hours per day or week, how frequently, etc.)	
Duties	
Any additional information about your work experience (including volunteer work) you may wish to give	

7. Driving

Do you hold a current driving licence? (if no, you may skip other questions in this section)	If yes, when was your licence issued?
Are you willing to drive in the host country?	Are you willing to drive in the UK (left hand traffic)?
How often and what kind of distances do you drive?	



10. *Signature*

I confirm that I have answered all questions honestly and that all information in this application and letter is true. I agree to abide by the rules of Nordic Nannies and the house rules set by the host family. I understand that being an Au Pair requires responsibility and flexibility, and I agree to perform my duties to the best of my ability.

Date	
Signature	